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Case study

Dual careers: the inspiring journey of a part-time science teacher

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Inspiring Futures



Dual careers: the inspiring journey of a part-time science teacher

Kristen Chand, a dedicated part-time science teacher, exemplifies the transformative power of flexible working for career changers. Her journey began when she decided to transition from being a General Practitioner (GP) to becoming a secondary school teacher. Seeking additional support, Kristen reached out to [Now Teach](#), an organisation that specialises in helping career changers enter the teaching profession.

Choosing to pursue her teacher training part-time, Kristen's commitment to both roles is commendable. She splits her time between being a trainee teacher for two days a week, practicing medicine as a GP for another two days, and dedicating one day to her family. This hybrid career allows her to maintain her medical expertise while nurturing her passion for education.

In her second year of training, Kristen adjusted her schedule to optimise her learning experience. Initially, she attended one day at university and two days at school. Now, in her second year, she spends two full days at school, striking a balance that ensures she doesn't sacrifice either profession. Financially, this approach has been beneficial, as she continues to receive income from her GP job.



Kristen has secured a part time (0.4) teaching position for September and is thrilled to be continuing this hybrid way of working into ECT and beyond.

Kristen's story resonates with others, inspiring them to explore unconventional career paths. Her students witness firsthand that there are diverse options for their futures, emphasising the importance of work-life balance. Kristen's proactive approach to her placements—negotiating flexible days to attend department meetings—demonstrates how adaptable working arrangements can enhance both personal and professional fulfilment.

For more information on their flexible working journey, visit the [Flexible Working in Education website](#) and watch the 'Supporting career-changers to work and train flexibly' webinar recording.