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# Flexible Working Programme



FLEXIBLE  
WORKING  
AMBASSADOR  
MATS AND  
SCHOOLS

## Case study

## Trust-backed flexibility: Jo's journey to success

 **Capita**

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Inspiring Futures



## Trust-backed flexibility: Jo's journey to success

### Athelstan Trust

As the Company Secretary for Athelstan Trust, Jo navigates her professional life within a small, dedicated team. Their shared commitment to part-time work fosters a sense of camaraderie and mutual support. But it's the flexibility that truly sets Jo's work experience apart.



**Tailored time off:** Jo relishes the advantage of having **one day off each week**, a precious respite from the daily hustle. The beauty lies in its adaptability—she can choose which day to take off based on workload demands or the occasional crucial meeting. This flexibility ensures that Jo remains agile, ready to tackle challenges head-on.



**Evening commitments and morning grace:** Board meetings often extend into the evening, demanding Jo's unwavering attention. But here's where the magic happens: she can **start her workday later** if the previous evening was particularly intense. This thoughtful adjustment allows her to recharge, ensuring she brings her A-game to every task.



**Compassionate care for family:** Jo wears another hat—one of a dutiful daughter. Her elderly parent relies on her for support, especially when it comes to hospital appointments. The unpredictable nature of these visits necessitates a flexible schedule. Athelstan Trust's understanding approach allows Jo to be there for her parent without compromising her professional commitments.

Jo's heart swells with pride as she reflects on her role within the trust. She's not just a Company Secretary; she's a family caretaker, a dedicated professional, and an advocate for balance. Athelstan Trust's commitment to flexible working ensures that Jo doesn't miss out on family life or work commitments.

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For more information on their flexible working journey, visit the Athelstan Trust [website](#).